

## **BUS / VAN**

- Be at the appropriate place and time at your school for pick-up.
- Stow your book bags/back packs safely in the storage area above or tuck under your seat.
- When seated, always buckle up!
- No food/drink/cell phone use is permitted.
- Stay seated quietly while traveling, always use your inside voice.

## **KARATE STUDIO**

- Change into your uniform promptly for class.
- Keep all personal items in your book bag / back pack (Including cell phones and electronics).
- Do your homework if it is required by your Parents and do not disturb others who are doing their homework.
- No running at all when not on the exercise floor.
- Always use your inside voice when not on the exercise floor.
- No bad language or name calling is allowed at any time.
- Follow all instructions and directions given by Instructors and Staff Members.
- Do not touch, punch, hit, kick, pinch (Or any other form of contact) another person unless specifically directed to do so by the Instructor as part of your Karate training.
- Be respectful at all times to your Parents, Instructors, Teachers and fellow Students.
- Keep the Karate School clean! Dispose of all trash in the receptacles provided!
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## **DISCIPLINE POLICY**

In order to maintain a safe program, we occasionally find it necessary to discipline a Student.

We feel that effective and positive ways of behavior management are as follows:

- **Redirection:** We will stop the child and calmly learn what has happened, why and how they see it. Then we will advise of acceptable ways of handling the same situation and redirect their attention.
- **Separation:** We may have them sit apart from the rest of the group for a short time. This gives them an opportunity to calm down. We will then explain to them expected behaviors in order to rejoin the group.
- **Punishment:** Students may be required to sit out a fun activity or game. They may be given additional exercises i.e. push ups, sit ups and squat kicks or write sentences that will encourage a change in behavior.
- **Parent Conference:** If a child's behavior remains problematic, a parent conference will be held. If there is little or no discernable improvement in the child's behavior afterwards, termination of enrollment may become necessary.
- **Termination:** Termination of enrollment will be at the discretion of MPKC Instructors and Staff.

*Thank you for your support!*