

### **PERSONAL ITEMS**

- Students are required to have an MPKC Karate Uniform / Patch and a Non-Spill Water Bottle.
- Student's name should be clearly written on all items with a permanent marker.
- Students will receive an assigned storage bin for their uniform. Parents should check uniforms weekly and wash as needed.
- Students are responsible for keeping up with their belongings. We will have a temporary Lost & Found for items that are left, however, unclaimed items will be disposed of after 2 weeks.
- No toys, cell phones or other electronic devices are to be used while the student is riding the bus or at MPKC.
- MPKC is not responsible for lost, broken or stolen items.

### **BUS / VAN**

- Students must be at the appropriate place and time at their school for pick-up.
- Students should stow book bags/back packs safely in the storage area above or tuck under their seat.
- When seated, students must always buckle up!
- No toys / food / drink / cell phone use is permitted.
- Students are required to stay seated quietly while traveling.

### **KARATE STUDIO**

- After snack, students should change into their uniforms promptly for class.
- Students must keep all personal items in their book bag / back pack (Including toys, cell phones and electronics).
- Students should not disturb others who are doing their homework.
- No running is permitted when not on the exercise floor and directed by Instructor.
- Students should use their inside voice when not on the exercise floor.
- No bad language or name calling is allowed at any time.
- Students must follow all directions given by Instructors and Staff Members.
- Students must not touch, punch, hit, kick, pinch (Or any other form of contact) another person unless specifically directed to do so by the Instructor as part of their Karate training.
- Students are required to be respectful at all times to your Parents, Instructors, Teachers and fellow Students.
- Students MUST keep the Karate School neat including cleaning up after snack and disposing of all trash in the receptacles!

### **DISCIPLINE POLICY**

In order to maintain a safe program, we occasionally find it necessary to discipline a student.

We feel that effective and positive ways of behavior management are as follows:

- Redirection: We will stop the child and calmly learn what has happened, why and how they see it. Then we will advise of acceptable ways of handling the same situation and redirect their attention.
- Separation: We may have them sit apart from the rest of the group for a short time. This gives them an opportunity to calm down. We will then explain to them expected behaviors in order to rejoin the group.
- Punishment: Students may be required to sit out a fun activity or game. They may be given additional exercises i.e. push ups, sit ups and squat kicks or write sentences that will encourage a change in behavior.
- Parent Conference: If a child's behavior remains problematic, a parent conference will be held. If there is little or no discernable improvement in the child's behavior afterwards, termination of enrollment may become necessary.
- Termination: Termination of enrollment will be at the discretion of MPKC Instructors and Staff.